

Momology

The Art & Science of Mothering



November
2010

City of Grace MOPS

November 3rd Meeting

“Living the Lovely Life”

with online blogger Heather Hamilton

www.blessedlittlenest.com

Heather is a popular blogger that lives here in Arizona. Come hear her story of encouragement and how her experience led her to create the lovely. As she speaks, she will lead us in some practical things we can do to make our homes “lovely” for the holidays.

Meeting Times

1st Wednesday
of each month

6:45 - 8:30 p.m.

City of Grace
Mesa campus
655 E. University Dr.
Mesa, AZ 85203

Childcare is provided.

**Special
Boutique**

November 3rd

From 5:00 to 7:00 before our next MOPS meeting.
All proceeds to go to our MOPS group!
See page 3 for more details.

November Events

Sunday, November 7th

Party in the Park

2:00 - 6:00 p.m.

Riverview Park in Mesa
(202 & Dobson)

Inflatable bouncers, Rock walls,
Bungee jumps, Petting zoo,
Fishing, Games, & More!
Bring your own food or buy onsite
from one of many vendors.

MOPS is hosting a
“New Mom’s Tent” to provide a
place for diaper changes and for
new mom’s to nurse.

Please contact t_wibe@cox.net
if you can help host the tent on
Sunday or would like to donate
any diaper change items.

Tuesday, November 9th Operation Christmas Child Gift Packing Party

6:00 - 8:00 p.m.

Kristina Warren’s House
2745 E Boston Street
Gilbert, AZ 85295
Shoebboxes provided.

Bring items to send as well as
a picture of your family.

Monday, November 15th Harmony Park Play Date

10:00 a.m. - 12:00 p.m.

Harmony Park in Mesa
North of Hwy 60 between
Lindsay & Val Vista

Saturday, November 20th Animal Tails Play Date

11:00 a.m. - 12:00 p.m.

Changing Hands Bookstore
6428 S McClintock Drive
Tempe, AZ 85283

Animal specialists from the
Phoenix Zoo bring live critters to
the bookstore to learn about.

Thursday, November 25th Happy Thanksgiving!



Art Mom

Name: Andrea Rohde

Kid(s) and ages: Natasha 5, Trinity 3, Gabriel 2

Favorite Scripture: 1 Peter 4:8

Above all, love each other deeply, because love covers over a multitude of sins.

Favorite mom role model: My favorite mom role model besides my own would be Kristen Lundeen (she's on my Facebook). She has fostered and loved over 35 children like they were her own, while still raising 6 children (4 which she adopted). She gives me strength when I feel that I cannot handle a situation.



Andrea is always behind the camera for her family.

Why do you consider yourself to be more of an art mom than a science mom? I'm not really sure if I have a reason that I feel I am an art mom other than I find a simple pleasure in making things up as I go along.

What is one fun activity you do with your kid(s)? My favorite thing to do with my children is simply taking them out and watching them play. That's when their true personalities come out.

What area of parenting do you struggle with? Discipline

What is one of the most valuable things you've learned since becoming a mom? Unconditional love.

Science Mom

Name: Kristina Warren

Kid(s) and ages: James 18, Nathan 11, Deja 3

Favorite Scripture: Habakkuk 1:5 (NLT)

...for I am doing something in your own day, something you wouldn't believe even if someone told you about it

Favorite mom role model: My mom. She is a very gracious, giving, kind, generous, tolerant, God fearing woman who loves unconditionally

without asking for anything in return. She's the best mom & grandma (in my opinion) and I feel so blessed to be her daughter. I hope one day my own kids will feel as blessed to have me as their mama.

Why do you consider yourself to be more of a science mom than an art mom? I'm SO not creative! Coloring is as artistic as I get. When my second son Nathan was born he put me on a schedule. He and Deja function best that way. James is a strong tree swaying in the wind... he can go this way or that and not break.

What is one fun activity you do with your kid(s)? Since my 3 kids are in 3 totally different stages in life I am lucky enough to spend a little one on one time with each one as often as I can. With James I love to have conversations with him (where he talks and actually listens). He's an adult now and I love to hear what he thinks about things, his opinions and ideas. I think he's a really cool guy. :) I enjoy playing the Wii with Nathan. Neither of us are competitive people so we just have a lot of fun, no hurt feelings. :) I like going to the library with Deja to do puzzles and read books. I am tickled at how she says Amen at the end of every story. :)

What area of parenting do you struggle with? Following thru... with discipline, with "new rules" I'm throwing down... it's just bad. My kids know I'll cave eventually. :(

What is one of the most valuable things you've learned since becoming a mom? Every phase, every tantrum, every triumph, every single day... savor it and enjoy it. Be in the moment and be present when you hear "mommy" over and over and over again. Before you know it your child is 18 and getting ready to graduate and make his place in this world. :-)

Happy Birthday, Ladies!

Watch for this special week in November!

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14 Jenn Provencher	15 Angela Rockstad	16	17 Jeanette Brown	18	19 Tina Wibe	20
21	22	23	24	25	26	27
28	29	30				

**MOPS
Fundraiser!**
**Special
Boutique**

**Wednesday, November 3rd
5:00 pm - 7:00 pm**

**Featuring:
Discovery Toys
Beauty Control
& more!**

All proceeds go to MOPS.

**Come early to check out the
goodies before our MOPS
meeting and to grab some hot
cocoa and cookies!**

HOSPITALITY REMINDERS

Nov. Food: Beaker Babes
Dec. Food: Palette Princesses



*You can always bring
in your loose change to
donate to MOPS.*

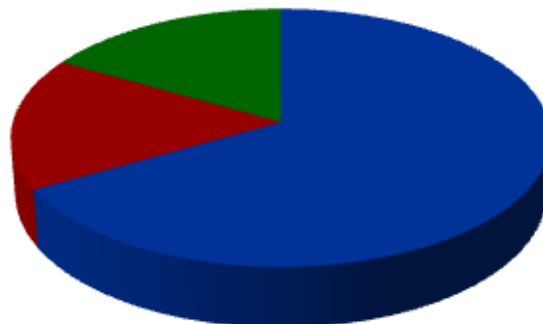
**MOPPETS
CORNER**

Matthew 5:1-12

Jesus tells us how to live.

OCTOBER'S POLL RESULTS

How long did you push during
the delivery of your first child?



- Less than 1 hour
- 1-2 hours
- 2-3 hours
- 3-4 hours
- More than 4 hours
- C-Section: Represent!

*To vote in November's poll,
go to www.cityofgracemops.weebly.com and click on "Fun Stuff."*